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WORLD HEALTH
ORGANIZATION



MIDDLE SCHOOL MODEL U.N.

Department: World Health
Organization (WHO)

Principal Authors: Owen Kaplan

Bill No: WHO020717OK

Co-Authors: Max Zeff

1 Expressing the sense of the people of the Middle School Model U.N. Regarding
2 Mandated Exercise

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5 Whereas Less and less physical activity is occurring in many countries. Globally, 23% of
6 adults and 81% school-going adolescents are not active enough.

7

8 Whereas A lack of physical activity is a significant risk factor for noncommunicable diseases
9 (NCDs) such as stroke, diabetes, and cancer.

10

11 Whereas People aged 5-17 should have at least 60 minutes of moderate to vigorous
12 physical activity daily.

13

14 Whereas People aged 18-64 should do at least 150 minutes a week of moderate activity or
15 75 minutes of vigorous activity.

16

17 Whereas Science shows that physical activity can reduce your risk of dying early from the
18 leading causes of death, like heart disease and some cancers -- exercise increases life
19 expectancies

20

21 Whereas Urban and environmental policies vastly increase physical activity, including
22 promoting active transportation such as walking or cycling, labor and workplace policies to
23 encourage physical activity, school facilities to promote physical activity, and sports and
24 recreational facilities.

25

26 Whereas The improved health of exercise aids the UN in its Sustainable Development
27 Goals.

28

29 **Resolved** by the People of the Middle School Model UN,

30

31 1. Requests a UN sanctioned team to create global fitness standards for the
32 age ranges of 5-17, 18-30, 30-50, and 50-64.

33

- 34 2. Urges all member nations to test and record the results of its people in
35 meeting these fitness standards.
- 36 3. Requests Development Funding to be allocated to member nations of
37 which 30 or more percent of its people do not meet these fitness standards
38 in order to implement policy to improve overall fitness.
- 39 3a. Of the allocated funding, aid will be proportional to population
- 40 4. Urges all member nations, of which 40 or more percent of its test-eligible
41 people fail the fitness standards, to not participate in international sporting events
like the Olympics until their numbers pass the previously outlined threshold.

Welcome to WHO! I'm Owen and my bill is concerning mandated exercise. We all know that exercise is important and good for you, but what can we do to make sure it happens? If passed, this bill would set forth global fitness standards to be administered by every member country of the UN. If a country falls behind, funding would be allocated to help them improve their condition, and if a country falls too far behind, we urge them to abstain from international sporting competition. Is it fair to have a global fitness test? Would the state of the world's health improve? Do sanctions against international sporting competition go too far? These are all questions that we will explore in debate!

Before coming to the wonderful world of WHO to debate, I would strongly urge you to do some research on the following topics:

- Facts and Figures concerning the benefits of physical activity
- The UN Sustainable Development Goals
- How effective other mandated fitness tests have been

A great place to start would be to look on the official www.who.int webpage. You'll find lots of useful and relevant information there. I look forward to meeting all of you! Be sure to come prepared with some outside research! If you have any other questions or concerns you can email me at okaplan18@mpsdnj.us.

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Department: World Health
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1 Expressing the sense of the people of the Middle School Model U.N. Regarding
2 Controlling the spread of the Zika virus

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5 Whereas The Zika Virus was lifted of its emergency status from the World Health
6 Organization in November, 2016, but it is one of the most pressing health issues to the world
7 and human race.

8

9 Whereas Zika, though less covered than it was last year, is still infecting hundreds
10 of people every week.

11

12 Whereas over 200 people in the continental United States have contracted the Zika virus
13 from local mosquitoes, and over 36,000 people in U.S. territories have gotten the virus from
14 local borne mosquitoes.

15

16 Whereas there are over 70 countries where Zika has been reported

17

18 Whereas The virus can cause pregnant women to give birth to children with microcephaly, a
19 birth defect that stunts the growth of a baby's head and brain, as well as other recently
20 discovered repercussions of the virus

21

22 Whereas in Brazil alone, roughly 200 cases of Zika are reported each week.

23

24 Whereas Zika has the capability of spreading quickly and continues to affect a large
25 percentage of people in Central and South America

26

27

28 **Resolved** by the People of the Middle School Model UN,

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30 1. Any reports from the World Health Organization of people contracting Zika
31 from a local mosquito in a country will deem that country, "infected", by
32 their fellow UN members and result in a travel ban placed on the country.

33

34 2. The travel ban will be 6 months long, starting from when the report is
35 issued.

- 34 3. The UN members are suggested and encouraged to help other countries
35 combat their Zika epidemic, for the good of the United Nations.
- 36 4. No citizen of the infected country will be allowed to leave the country
37 during the ban, and no one will be allowed to enter the country.
- 38 a. Non citizens in the country will be allowed to leave within 7 days of
39 the travel ban's issue
- 40 5. A country's failure to comply with the travel restriction will result in said
41 country being removed and unrecognized by the United Nations for 2
years, after which they can reenter the UN.

Hey there! I'm Max, and my bill is about the Zika virus. You probably haven't heard much about the Zika virus on the news in a couple months. You actually probably haven't heard much of anything besides Trump and his Trumpisms, but I promise other things are still going on! And the Zika virus is one of them!

Though the World Health Organization stopped calling Zika an emergency a couple months back, it doesn't mean the virus has gone away, or even slowed down for that matter. Cancer and heart disease aren't considered emergencies but they are some of the biggest health problems in the world. Zika is not as big a problem as these two, but it could be much more manageable than them, if handled well.

The toll that a travel ban could take on the spread of Zika virus is tremendous because there would be less contact between people who have the virus and people who don't, but also nations would respond more urgently to fighting the virus because of the toll a travel ban would have on their country's economy. Consider this in your country's decision to support or oppose this bill. Is it your nation's decision today that could save thousands of lives in the future? Or is a travel ban too extreme of a measure to do this? Not extreme enough? If not this, then what? It is your job to make these tough decisions! The World Health Organization's Zika page (<http://www.who.int/emergencies/zika-virus/en/>) can give you a good understanding of the virus and how the world is dealing with it. If you have any questions, comments, or have a good knock knock joke, feel free to email me at mzeff18@mpsdnj.us . : D